



LUNCHEON NEWS

December 13, 2010
Luncheon Speaker: **Dr. Loren Gresham**
By Renda Brumbeloe



Dr. Loren Gresham,
SNU President

Our December 13 luncheon features an annual address from Dr. Loren Gresham, Southern Nazarene University President. We look forward to hearing the status of the many projects and goals, both current and long range that will set the future course of the University as they serve our denomination in Christian education and in the challenging culture of our times.

Dr. Gresham enters his third decade of leadership at SNU. We welcome his time of sharing about those ideals we all support and hold dear.



Important luncheon reservation information:

Members: If you have not been contacted by one of our telephone callers by Thursday, December 9, then please call Linda Carley, ASP Telephone Committee Chairperson, at 405.728.0515

Guests: Please call Eunice Trent at 491.6311 or email ASP@snu.edu

All: The cost of the luncheon is \$6.00.

Kindly make your reservation(s) by Thursday, December 9, 2010.

Dr. Loren Gresham and his wife have once again invited the ASP members to visit them in their home **following the December ASP Luncheon on Monday, December the 13th**. Transportation to the Gresham's will be provided by SNU. A couple of buses will leave from the circle drive just outside of the SNU Commons.

LUNCHEON SPONSOR
Our thanks to
SOUTHERN PLAZA
John Stoddart





Your President's Point of View by Irwin Harris

Gentleness and Courtesy

“Love does not behave itself unseemly” I Corinthians 13:5A

Love speaks calmly with beautiful touches of courtesy. Troubled hearts become calm and peaceful in the presence of the touch of gentleness. The peaceful loving soul is like the great rock in a weary land.

Gentle souls are thoughtful of the comfort and calmness of others. The everyday courtesy costs nothing but will always leave a valuable tenderness with your associates.

Gentleness and courtesy are not demonstrations of weakness and tenderness and love. Nowhere do these qualities shine with brighter personalities than in the lives of strong and loving men and women. The blessedness of social fellowship is always seen in gentleness and everyday courtesy.

There is always tenderness and healing that is precious when noticed in humble personalities. They demonstrate the strength under heavy burdens and feed kindness to their friends.

Politeness and courtesy are recognized in little things. “Love does not behave itself unseemly”. Place the most untutored individual into difficult circumstances and they will almost always show a reservoir of love in their hearts. Why? It is because they love everything great and small that God has made. This is the discipline of the person we call “gentleman”—a man who shows action in love. The gentleman will not, in the nature of things, do ungentlemanly actions. Because he has the love of God dwelling in his heart, he will be considerate, sympathetic, and gentle.

Man's test of the true self is always depicted in the imagery he displays. The final test of true religion is not righteousness, but the love of Jesus. It is not what we have done, achieved, and believed, but the common love shown in our life.

The Building of a Life

“Life is a building. It rises slowly day by

Irwin Harris continued Page 6



“Sharing a Continuous Flight”

The Academy Perspective

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Mail to: Gary Lance, Treasurer
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LUNCHEON SPONSORS 2010—2011

October 11 – Miltonette Brasher
November 8 – Darlene Overholt
December 13 – Southern Plaza, John Stoddart
January 17 – Irwin/Arlita Harris
**February 14 – Mercer-Adams Funeral Services,
Marla Cole**
**March 7 – Concordia Life Care Community,
Lisa Vellekamp**
April PLN – Southern Nazarene University
May 9 – Legend at Council Road, Connie Daniels



BOOK DISCUSSION GROUP
By C. Dale German

With his pocket camera always at the ready, the late Elbert Overholt was a master of photographing our ASP events. Between the two of us we provided all the pictures for the Academy Perspective. What I missed, he shot. What he missed, I shot. Now at our luncheons I move around with my camera more than I used to. Although I can't be inconspicuous I try to be

unobtrusive. Hoping to get those few candid shots that capture the moment I take many more pictures than I keep, thanks to digital photography. There is space in this month's Perspective to show you a few candid photos of our November meeting. Dale



New members looking over their new membership certificates during the membership ceremony.



Addy Kay Aspregren, our speaker's wife, enjoyed the dinner and helped draw names for the free luncheons in December.



New member Cheri Welsh enjoying the welcome ceremony



Helen Lahmeyer waits for her table to be called



Margaret Dawson hands out the name tags and welcomes visitors



WHEN GOLD IS NOT GOLDEN

By Paul Scheie

Pure, metallic gold, viewed in white light or daylight, reflects the yellow and red components of the light to produce what we normally call the golden color, or yellow gold. When metallic gold is pounded into very thin sheets the yellow and red components of daylight still are reflected, but now some light gets transmitted through the thin layer, and the transmitted colors are green and blue, which we would see as blue-green.

When yellow gold is molten, dissolving small amounts of other metals in the gold can produce alloys. The addition of aluminum creates a purple gold. The addition of copper produces a red gold. The addition of silver yields a green gold. The addition of both silver and palladium gives white gold. When indium or gallium is added, a blue gold can result. Jewelry can contain any of these alloys.

A second technique for altering the appearance of gold is to add a thin coating of a non-precious metal to the gold surface. Blue, brown and black gold can be produced in this manner.

Still another technique is to suspend tiny gold particles in a transparent medium - such as glass. This results in various colors depending on the size, shape, and concentration of the particles, as well as the thickness of the suspension and the direction from which it is observed. Ruby glass is made this way. By adding silver particles to this suspension one can obtain purple-red and pick colors.

Each of these different techniques requires a different description of the physics that account for the altered appearance of the gold. However, craftsmen have used the techniques for many years, long before the physical principles involved were understood.



LIBRARY NEWS

By Arlita Harris

My book discussion group reads Christmas stories each November/December. We enjoy reading as many as we can and sharing them with each other. Here are some of my favorites that you may want to borrow from your public library:

The Best Christmas Pageant Ever by Barbara Robinson: I read the book and watch the video every Christmas. If you've ever directed a Christmas pageant with challenging children, you'll love this story of the Herdman children who learn about Christmas for the first time.

Can This Be Christmas? by Debbie Macomber: A group of people are stranded in a train station in a small town on December 24. Yes, it can be Christmas.

Christmas Box, by Richard Paul Evans: An emotional story of a widow and young family who moves in with her.

Christmas Jars, by Jason Wright: A much-needed, but anonymous Christmas gift leads to an unusual family with a long-standing Christmas tradition.

Christmas in Harmony, by Phillip Gulley: A young Quaker minister and his congregation seek to find the meaning of Christmas.

Christmas Snowmen, by Jan Karon: A swirling snowfall brings a snowman contest to Father Tim and the citizens of Mitford.

Esther's Gift – A Mitford Christmas Story, by Jan Karon: Is it worth spending money on people who haven't lived up to your expectations? This book includes the famous Orange Marmalade Cake recipe from the Mitford series.

Finding Noel, by Richard Paul Evans: Mark and Macy discover that people come into our lives for a reason.

Handmaid and Carpenter, by Elizabeth Berg: A very young Mary and Joseph show hope, trust, faith, and belief.

Arlita Harris Continued on Page 5



From The Director's Corner
by Eunice Trent, Director of ASP

Merry 2010 Christmas

Christmas time is here again, a time to remember our family and friends. From past to present, both near and far, family and friends make us what we are.

During Christmas we often recall the love of a parent, sibling, friend or spouse who have gone on before us. Let us remember and recall the laughter of our loved one.

In the midst of all the candlelight and cheer, some of us may shed a tear.

Like a newborn child that we see, be reborn again in victory. With the help of Christ, any loss that we might feel let us know that God can soften our hearts and use us as an instrument to heal.

Let us think on the life of the Christ child and recall, the stories of the star that led the wise men afar.

May the spirit of sweet friendship brighten this holy season and bring us peace and joy without reason.

I'm so very proud to be a part of The Academy of Senior Professionals and I am looking forward to the year ahead of new memories and new friends.

Please be reminded that our Southern Nazarene University President - Dr. Loren Gresham and his wife have once again invited the ASP members to visit them in their home **following the December ASP Luncheon on Monday, December the 13th**. Transportation to the Gresham's will be provided by SNU. A couple of buses will leave from the circle drive just outside of the SNU Commons.

I pray that this Christmas each of us become more compassionate and sensitive to those around us. And



with that, I leave you with a simple sentiment by Helen Steiner Rice.

Most Sincerely,
Eunice

“Bless us Lord, this Christmas, with quietness of mind; Teach us to be patient and always to be kind”.
Helen Steiner Rice

Arlita Harris Continued

Once Upon a Christmas, by Pearl Buck: A very special collection of the unique and mysterious Christmas spirit of this master storyteller.

Purpose of Christmas, by Rick Warren: Great Christmas devotional readings for the season

Redbird Christmas, by Fannie Flagg: The inhabitants of a small Alabama town change a man's life forever.

The shepherd, the angel, and Walter the Christmas dog, by Dave Barry: A story that will make you laugh out loud. You'll never look at a manger scene the same way again.

Shepherds Abiding, by Jan Karon: Father Tim finds a “derelict” nativity scene and begins a journey that touches everyone around him.

Skippping Christmas, by John Grisham: You've seen the movie; now read the book about a couple that tries to skip Christmas by taking a cruise.

Spy Who Came for Christmas, by David Morrell: On Christmas Eve, a weary spy enlists the help of a battered wife and her young crippled son to save a newborn babe.

Treasury of African-American Christmas Stories, by Betty Collier-Thomas: A landmark collection of classic African-American Christmas stories.

Thanks to Anita Roesler, senior services coordinator of the Metropolitan Library System, who brought these titles (and their descriptions) into my life! Merry Christmas – and Happy Reading!

Arlita Harris

New ASP Directories will be available at the December Luncheon for \$6.00 each.

Irwin Harris from pg 2.

day, through the years. Every new lesson we learn lays a block on the edifice which is rising silently within us. Every experience, every touch of another life on ours, every influence that impresses us, every book we read, every conversation we have, every act of our commonest days, add something to the invisible building.” (author unknown, from Quests and Conquests by Dean C. Dutton)

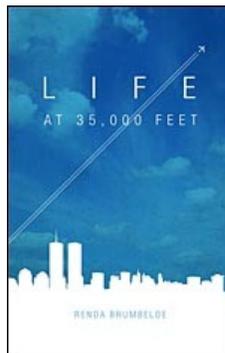
In his book, Heaven and the Afterlife, Dr. James Garlow remembers the words of Dr. Ponder Gilliland: “My Father likes me. He likes to be with me. He wants to spend time with me.” I agree with this and have heard Ponder say it many times. God wants each of us to know and believe that He likes us and wants to be with us.



ASP Calendar

Monday: December 13, 2010

- 10:00 a.m. Shuttle Service begins at Sawyer Center
- 11:00-1:00 Luncheon begins: Heritage Room—Commons
- 1:15 p.m. Shuttle Service to the Loren Gresham home
- 2:00-4:00 Christmas reception for members and guests at the Loren Gresham home
- 4:00 p.m. Shuttle service returns members and guests to the Sawyer Center



Renda Brumeloe’s new book will be available for sale for \$15. per copy at the December ASP luncheons. He will make a \$5.00 contribution to the ASP for each copy sold.

ASP “Trek” Time
By Pat Perry



Dear ASP Members,
We are now gearing up for the Holiday Season with Thanksgiving almost here, and Christmas not far behind. I’d like to start the New Year out with a trip to the Oklahoma City Museum of Art, perhaps a film, and lunch at their restaurant in January. A trip to National Weather Center is being arranged for April, just in time for our yearly tornado season, with lunch to follow. For those of you who would like to join me on the following cruises give me a call: Alaska in May, 2011, New England & Canada, September, 2011, and Hawaii, December 2, 2011 for a round trip out of Los Angeles.

Pat Perry
(405) 373-4157



***Merry Christmas
From all your friends
at the
Academy of Senior Professionals
at Southern Nazarene University***