

District Attorney Wes Lane will address members and guests at the May 9 luncheon meeting

by Shirley Mears

All members and guests are cordially invited to hear Mr. Wes Lane address the following important topic on Monday, May 9: "The Role of the District

Attorney as Minister of Justice: Turning Theory into Practice."

Born and reared in Oklahoma City, Mr. Lane received his undergraduate degree and law degree from the University of Oklahoma.

In his professional life, he has over 20 years experience in the prosecution of criminal cases and the practice of law. During

his tenure as the Assistant District Attorney, he accumulated an exceptional trial record, winning about 95 percent of his jury trials.

Lane's service to Oklahoma County began in January of 1981, while he was a law student, and became a legal intern for the Oklahoma County District Attorney's Office. After graduation from the University of Oklahoma School of Law, he was appointed Assistant District Attorney by Robert H. Macy.

Having served as a prosecutor in Misdemeanor, General Felony, and Narcotics, he became the Chief Prosecutor for the District Attorney's Multi-Jurisdictional Drug Task Force, which targeted major drug dealers and smugglers. He held this position for five years before becoming the Director of the Juvenile Division in 1995, where he directed a significant

effort toward the prevention of juvenile delinquency as well as increased accountability of juvenile offenders.

Mr. Lane is very much interested in comprehensive solutions to public safety and has been involved over the years in efforts to create partnerships among police, neighborhoods, universities, community leaders, and government agencies to reduce crime. In addition to these efforts, he is presently focusing upon methamphetamine and prostitution problems that are currently plaguing the greater Oklahoma City area.

The May 9 luncheon meeting will begin with a buffet at 11:15 a.m. in the Heritage Room of the Webster Commons on the campus of Southern Nazarene University and will end promptly at 1:00 p.m.

Important information about making luncheon reservations

Members: If you have not been contacted by one of our telephone callers, please call Mrs. Shirley Pelley, 405.354.3853

Guests: Please call Dr. Elbert Overholt, 405.789.2036

All:

1. The cost of the luncheon is **\$7.50 per person**
2. Please make your **reservation(s) before Thursday, May 5**
3. The Administrative Council respectfully requests that a **member or guest who makes a luncheon reservation and is unable to attend to consider it his or her ethical responsibility to pay for the luncheon; in such a case, the member or guest should kindly forward a check to Dr. Roy Dorris, ASP Treasurer, 3607 North College, Bethany, OK**



Wes Lane



Your president's point of view:

by Jack David Arnold

What is done, is done.

--William Shakespeare (1564-1616)

Two Zen monks were on their way to the market one day when they came to a large mud puddle that prevented them from continuing on without getting dirty. By the puddle was a beautiful young lady who wished to continue on but also didn't want to get dirty.

To solve the problem, one of the monks offered to carry her across the puddle, even though this kind gesture violated the vows he had taken never to speak or have contact with a woman.

Once safely across, the woman thanked the monk and went on her way. The two monks also continued on to the market but did not exchange a single word for the remainder of the day.

That evening, when they returned to the monastery, the monk who had watched the other carry the woman across the puddle accused his friend of being unfaithful and sacrilegious. Over and over, he asked the other monk, "How could you have taken your vows so lightly?" His angry tirade continued for well over an hour.

Finally, the monk who had done the good deed turned to his fellow monk and said, "I'm the one who violated my vows by carrying her across the mud puddle, but whereas I set the young lady down on the path many hours ago, you continue to carry her."

*Man...cannot learn to forget,
but hangs on to the past; however
far or fast he runs,
that chain runs with him.*

--Friedrich Nietzsche (1844-1900)

In examining our own lives, we might be able to spot the heavy weight of yesterday's deeds that we persist in carrying with us. We might be carrying bitterness and resentment because we feel betrayed by a friend. We might be carrying anger and a feeling of injustice because we lost out on something we really wanted while someone else got it. We might be carrying hurt feelings because someone we liked criticized us.

Continuing to carry harsh and negative feelings from the past is like picking up a pebble in your shoe while you are out walking. You can stop and remove the pebble, or you can continue to walk and let the pebble irritate your foot and cause pain. The choice is yours. You can release your anger and hurt feelings just as you can remove the pebble.

Continued next column



"Sharing a Continuous Flight"

The Academy Perspective

---Publication Board---

Chair & Production Editor	Don Beaver
Copy Editor	Anna Belle Laughbaum
Managing Editor	Elbert Overholt

---Columnists---

President's Column	Jack David Arnold
Obituaries	Billie Harrison
Feature Writer	"Open"
Book Reviews	"Open"
Library Resources	Bea Flinger

---Staff Reporters---

Photography	Edith Sonnevik Payne
Programs	Shirley Mears
Research	Valerie Morrison

---Communications Policy---

We value messages from our readers.

By mail: *The Academy Perspective (TAP)*, Southern Nazarene University, 6729 N.W. 39th Expressway, Bethany, OK 73008

By fax: (405) 491-6381

By computer: www.snu.edu/sr_professionals

---Newsletter Subscription Information---

Annual subscription cost for *The Academy Perspective*:

Non-members—\$10.00 per year

Members—Included in membership

---Contributions---

To make contributions to the Academy of Senior Professionals:

Mail to: Roy Dorris, Treasurer

4607 N. College, Bethany, OK, 73008

*The past is all holy to us;
the dead are all holy;
even they that were wicked when alive.*

--Thomas Carlyle ((1795-1881)

Could it possibly be that yesterday's deed is not as bad as you think it is? Will you remember it next year? Will anyone else care? Acceptance is an important ingredient to the formula of life. It makes an impossible situation acceptable, a major problem minor. Acceptance should be waiting to take over whenever there is not a way out.

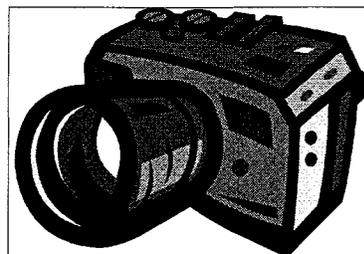
When you try to continue living a normal life while carrying harsh feelings about someone else, everything in

Continued on page 6—Arnold



ASP PICS

PICTURES BY EDITH SONNEVIK PAYNE



Academy Members Add Their Presence to the Peer Learning Network Luncheon Meeting at the Cox Convention Center to Hear David Gergen

↓ David Gergen



↓ Jack Arnold & Anna Belle Laughbaum



↓ Ruth & Roy Franklin



↓ Bob Emmel



↓ Elbert & Darlene Overholt



↓ DeAnna Hill, Don Billings, Brenda Styers



↓ Joyce & Lloyd Ellis



↓ Sandra Stephens, Edith Payne, Marjorie Brown



↓ Roy & Rebecca Dorris



↓ Caroline Bright & Shirley Pelley



↓ Bob & Dorothy Griffin



↓ Evelyn Downs & Mary Smith



↓ Tim Griffith & June Phillips



More Pictures of Academy Members Who Attended the Peer Learning Network Luncheon Featuring David Gergen



Library Resources

By Bea Flinner

THOUGHTS FOR THE SUMMER

by Bea Flinner

By the time you read this article, you will have received your *Perspective*—the last publication until the next one reaches you in the fall. This means that some fortunate folks will soon be on an airplane, or perhaps getting their motor home in tip-top shape to embark on a wonderful vacation to visit family and friends.

For the reason stated above, I am not recommending a book from the SNU library, but my articles will be resumed in the fall. My thought turns to those who do not plan to take an extended vacation, but instead look forward to staying “around” home. In addition to some relaxation, one might do some reading to folks in nursing homes, and those who are homebound. And, don’t forget the young children in your neighborhood who would really enjoy baking cookies with you in *your* kitchen! *Memories are forever!!*

A beautiful picture that is still very clear in my mind is that of my *very* young son relaxed in a *very* big chair, listening so attentively as I read a little book to him, then his saying in his own little way so many times, “*Again!*”



↑ Marjorie Brown & Naomi Tidwell



↑ Vivian & Gene Chambers



↑ Dorothe & Jack Wherry



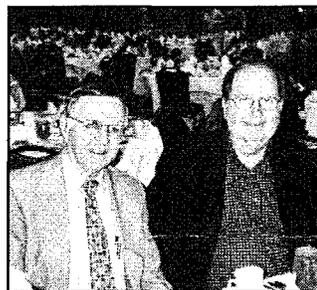
↑ Paula Greer & Lois Brasher



↑ Eva May Harper



↑ Paul & Mary Anna Scheie



↑ Don Beaver & Wally Brown



↑ Dale & Gerri McClaflin



↑ Elmer & Lawana Shellenberger



↑ Margaret Dawson



↑ Harold Dozier



↑ Eunice & Casey Robinson

Presidential Adviser David Gergen challenges luncheon guests at the Cox Center on April 8

by Jack David Arnold

Former presidential adviser, David Gergen, was the keynote speaker of the Peer Learning Network (PLN) at its luncheon meeting on Friday, May 8, at the Cox Convention Center in downtown Oklahoma City. Over fifty members of the Academy of Senior Professionals (ASP) were the guests of the PLN.

The PLN is a program put together by Southern Nazarene University's President, Dr. Loren Gresham, and other executives of Oklahoma City's most successful companies. The executives bring speakers to the group each year. Dr. Gresham has extended a cordial invitation to the ASP members for the last two years to attend *PLN Presents* in our extended community.

Mr. Gergen, an adviser to Presidents Nixon, Ford, Reagan, and Clinton, said President Bush didn't prepare the way for the Social Security reform campaign and didn't have a mandate for it coming out of the elections. "Bush, however, is a party builder. Every year he's been in office, the Republicans gained seats in Congress," Mr. Gergen said.

I was particularly interested in the speaker's comments on public and higher education. He told the group that education is a major key to our country's future. India is graduating more engineers from one university each year than all American colleges graduate in a year, he said.

America has to keep its universities on the cutting edge. Equally important is education in kindergarten through the 12th grade. "We have to make our kids ready to compete in the New World, or we're going to be left behind," Mr. Gergen told the audience.

After the luncheon, Mr. Gergen autographed his best-selling book, *Eyewitness to Power: The Essence of Leadership*. As he was seated at the head table, with book in hand, I had a brief conversation with him about the need to bridge the gap between the literary and scientific worlds in higher education as Lord Charles Percy Snow advocated in his 1957 seminal lecture, *The Two Cultures*. I was impressed when Mr. Gergen told me that his father *knew* Lord Snow. When I heard him say that about his upbringing, I was reminded of the British truism, "Breeding counts."

When I asked Dr. James Robert Emmel, my mentor, ASP member, and Chairperson of the Bylaws and Organization Committee, to write up his response to the featured speaker's presentation, he wrote: "Mr. Gergen presented an astute glance at some disturbing problems nationally and globally. He alarmed his listeners with well-supported data regarding Bush's thrust for Social Security reform when the populist is more concerned with a workable health plan for America. It would be well if every American could be privy to the Gergen presentation or at least read his latest book, *Eyewitness to Power*."

In the conclusion of his book, Gergen lists seven keys to responsible and effective leadership in the White House:

1. Leadership starts from within
2. A central, compelling purpose
3. A capacity to persuade

4. An ability to work within the system
5. A sure, quick start
6. Strong, prudent advisers
7. Inspiring others to carry on the mission

"These are principles upon which to build," Gergen writes. "They do not guarantee success. Certainly, they offer no guarantee of producing a new candidate for Mount Rushmore...But these principles do hold promise that if they are followed, the nation might once again enjoy a steady stream of presidents who are strong, honest, and effective. Who can ask for more? We might just find that new golden age" (p. 352).

My heart was strangely warmed and deeply touched when Mr. Gergen signed my copy of his book as follows: "With warmest best wishes and thank you for lifting the minds of our young. David Gergen, Oklahoma City, April, 2005."

In closing, on behalf of all ASP members, I would like to seize this opportunity to express publicly my appreciation and gratitude to Dr. Loren Gresham and his entire PLN team for inviting us to be part of this inspirational, informational, and innovative occasion.



News You Can Use

By Shirley Mears

Angel Food brings to mind a big spongy cake or food from heaven called Manna. In Yukon, Oklahoma, Angel Food means, "good eatin!"

The Single/Singles Again group at Yukon First Baptist Church heard great things about "Angel Food," a service of Our Lords Lutheran Church on May and Hefner Road. Some of the church members had been participating in the program for 6 months and reported that the food was top quality and a real value. "You can stretch your grocery dollars" by getting a medium size box of food, mostly frozen meats and vegetables, for \$25. The menu changes every month and values vary from \$45 - \$75 worth of food from your local grocery store. Our Lords Lutheran has been participating in this program in the Oklahoma City area throughout the year.

The First Baptist Yukon Church Singles department is happy to say they sold 360 boxes their first month even though many told them that 100 boxes would be a good goal for a new program. This is a great ministry because it reaches out to persons who would not normally set their feet in a church and it helps people in all income brackets to purchase quality food at a reduced price. There is no qualifying, no application and no limit to how much you can buy. You can stock your pantry and get several other boxes to give as gifts. It is open to anyone who wants to save money and still get top quality food. This is not a hand-out program; it is just a creative way of saving money on great food.

Angel Food Outreach is a nonprofit, non-denominational organization dedicated to providing grocery relief and financial support to communities throughout the United States. The program began in Monroe, Georgia, with 34 families and has grown to serve thousands of families in 22 states.

You can learn more by calling First Baptist Yukon at 354-1911 or Bob and Jean Kelley at 373-4590.

Continued from page 2—Arnold

your life is affected. There is always that small dark cloud hanging overhead that warns of foul weather.

Today when I feel angry or hurt, I try, with God's help, to give the situation time to settle down, then go directly to the source of my anger or hurt and take care of it. This often means swallowing my pride and forgetting about who is right or wrong so that I can continue on the path of life without the extra weight of negative baggage. As Shakespeare said, "Things without remedy should be without regard; what is done, is done!" Nothing anyone else or I can do will erase the events of the past.

When I face a problem that does not seem to have a solution, I try to determine what the worst possible outcome can be and accept the fact that it has happened or will happen. This pragmatic approach helps me to find a great release from fear and anxiety. To help me "get into acceptance," I *habitually* recite the Serenity Prayer in problematic situations to help me cease worrying about things which are beyond the power of my will:

***God, grant me the SERENITY
to accept the things I cannot change,
the COURAGE to change the things I can,
and the WISDOM to know the difference.***

--Reinhold Niebuhr (1892-1971)

New ASP member Tim Griffith will discuss identity fraud at RIG on May 9

by Valerie Morrison

The featured presenter at the Research Interest Group (RIG) will be Mr. Tim Griffith. The meeting will take place on Monday, May 9, 9:30-10:45 a.m., in the Student Conference Room on the first floor of the Webster Commons.

The title of his presentation is "Internet Related Identity Fraud."

Mr. Griffith's academic background includes the Master of Teaching English (MTE) degree from Central State University. He retired as a Senior Engineer at AT&T in Oklahoma City and is a new resident of the Spanish Cove Life-Care Retirement Village in Yukon.



Tim Griffith

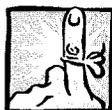
All ASP members and guests are urged to attend and learn more about one of the major problems facing senior adults and citizens of the world in this fast-paced technological age.



ASP Calendar

Monday: May 9

- 9:00 a.m. Shuttle: Sawyer parking lot to Webster Commons **begins**
- 9:30-10:45 Research Interest Group: Commons Student Life Conf. Rm.
- 11:15-1:00 Luncheon: Heritage Room—Webster Commons
- 1:30 p.m. Shuttle: Webster Commons to Sawyer parking lot **ends**
- 1:15 p.m. Ad. Council: Faculty Lounge, Webster Commons



REMINDERS

- **Membership Dues:** Yearly dues for the calendar year are \$15.00, or \$1.25 per month. The ASP initiation fee for new members is \$10.00.
- **AARP Driving Course** offered **Saturday, May 21**. Call 721-9250 for reservations and information. Class is held in the Royce Brown building, starting promptly at 9:00 a.m.
- **ASP Web Site:** Members and guests are reminded that the ASP Web site can be accessed by typing in www.snu.edu and then linking with sr_professionals.
- **Luncheon reservations:** Kindly be reminded that when a member or guest makes a reservation, the ASP Treasurer must include it in his count and pay Sodexo food service.
- **Luncheon reservation cancellations** must be received by Friday morning before the Monday luncheons or individual/s are respectfully requested to forward a check to cover the cost to Dr. Roy Dorris, ASP Treasurer, 4607 N. College, Bethany, OK 73008.
- **Planning for 2005-2006:**
 - First Fall Meeting** Scheduled for **October 10**.
 - Watch for the **new ASP brochure** ready in the fall.

NOTICE OF ANNUAL MEETING

by Elbert Overholt, ASP Director

The Academy of Senior Professionals assembly will hold its annual business meeting at the May 9 luncheon. Annual reports will be made and officers and Administrative Council members for the 2005-2006 academic year will be elected. Business matters will be streamlined in order to provide adequate time to hear District Attorney, Wes Lane.

Plan to join us for this interesting and informative luncheon session.